



Irving Hospital District Neighborhood Association

www.hospitaldistrict.org

**PLZ MARK YOUR CALENDAR
WE'D LOVE TO SEE YOU THERE**

NEIGHBORHOOD BOARD MEETINGS

All meetings are at 6:30PM at
Irving Church of Christ who generously provide a private meeting room — thanks.

**ADDITIONAL OPPORTUNITIES TO
MEET YOUR NEIGHBORS**

- April 26-30—Early voting.
- May 8th—All American Block Party
2pm—4pm
- May 8th City Elections VOTE
- May 13—Board Meeting

**DO YOU HAVE SUGGESTIONS / IDEAS
FOR THE NEWSLETTER?**

Please contact: Jan Bemis
jnhb.jhb2@verizon.net or 972-554-8011
Next newsletter deadline is June 15
Thanks to all who contribute

NEIGHBORHOODS BOARD MEETINGS

All meetings are at 6:30pm at



Irving church of Christ

108 W. Grauwylar Road
Irving TX 75061
Office: 972.554.1962
www.irvingchurch.com

Jim Crouch
Mobile: 817.909.4653
jimcrouch@irvingchurch.com

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Grant.**

Message from Dianne Cartwright

Spring has come to the Hospital District!

What a privilege to live in a neighborhood such as ours! With a new addition to our family (a 4- legged canine child) we've been walking through the neighborhood more. Azaleas are in bloom, trees are waking from their winter nap. A large variety of birds and wildlife reside within our boundaries. And how refreshing to see neighbors walking dogs, biking or just out for a leisurely stroll. What a friendly place where people are always ready with a greeting or willing to stop and chat. This neighborhood is also among the most generous when others are in need of school supplies, food, or Christmas gifts. While on the topic of generosity, our neighborhood is desperately in need of volunteers. Our events are always well attended. **But think, for just a moment, about what it must take to organize and orchestrate each of these events.** There are many man-hours expended, and the same volunteers, who give tirelessly, always need assistance. As my Mother used to say, "Many hands make light the task".

Won't you please help? Do you have an extra 15 minutes? One Hour? Attend our meetings and give your input or assist in planning. No matter how small the task performed, you are a valuable asset to your neighborhood organization.

The heartbeat of any organization is the volunteer base. The very best contribution anyone can give is time and effort. Won't you please consider stepping up to the plate?



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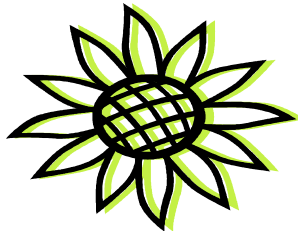
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Finally, the spring plants have burst into bloom and we have selected Barbara Heppler's home at 1004 Lane for April YOM. It's true the month is partly gone, but the yard deserves recognition. Also, a picture is included of her back yard which is absolutely beautiful. It's a shame it's not more visible.



The **IRVING HOSPITAL DISTRICT NEIGHBORHOOD ASSOCIATION** is dedicated to making our neighborhood a safer, friendlier place to live. We strive to unite our neighbors by offering general beautification projects and social events for the whole family. We are a neighborhood association sponsored by the City of Irving, formed within the City of Irving requirements. We do so to qualify for grants and other areas of support offered by the city. We participate in the Neighborhood Roundtable on a regular basis to interact with other neighborhood associations in the City of Irving. We are one of the largest homeowner associations, representing **XXX** homes. We have a Board of Directors elected by members of the association. The members of the association are your neighbors. The officers are selected by the Board of Directors. Please join us at our open meetings. We need your input and participation in order to make our association one of the best in the city.



Annual EasterEgg Hunt Big Success

This year IHDNA held our annual neighborhood Easter Egg Hunt on Saturday, April 3rd, at Three-Waters park on Grauwylar. There was a record turn out of over 80 children, and just over 120 neighbors and family members total. "Co-Egg-Heads" Holly Elms-Niederhaus and Rosanne Lewis did a great job getting all of the candy filled eggs, cookies, punch, and tables over to the park on Saturday morning! Many of our neighbors arrived early to help hide eggs, and bring home-made refreshments. Danny Elms brought safety fencing to block off the access to the creek, and several adults volunteered to make sure that all of the kiddos had a safe and exciting hunt. The Easter Bunny, (Sidney Farris) made an appearance, and handed out special treat bags to those who brought their color page from the reverse side of the flyer. Our Bunny posed for many, many pictures, that are sure to be a part of life long memories. The weather was beautiful, and it was a great opportunity for the children of IHDNA, young and old, to spend time together, and get to know one another.

A special thanks goes out to ALL of our volunteers who brought refreshments, helped hide eggs and organize this event. Your contributions are what makes IHDNA such a great place to live! --Amy Nelson, IHDNA Social Chair







MARK YOUR CALENDARS FOR THE

Annual IHDNA Block Party



Saturday, May 8th 2010

4pm - 7pm

~Rain Date: Saturday, May 15th~



This Festive "All-American" Themed Block Party will be held on the South End of Post Oak Drive between Lane Street & Cypress Drive



There will be plenty of
Good Old-Fashioned FUN
For the Whole Family!



Come out, meet your neighbors, bring the kiddos, lawn chairs & a Side Dish or Dessert!

The Neighborhood Association will provide...

Jerry Bates FAMOUS Barbeque & Bottled Water!



There will be Live Music, A Bounce House For Kids, Visits from our Irving Police and Fire Departments, Prize Drawings, Organized Games and **MOST OF ALL** A true-blue opportunity to get to know and visit with your **NEIGHBORS!**



Volunteers are needed before, during & after

The block party! Contact Amy Nelson at 214.334.6180

Or IHDNASocialEvents@yahoo.com



Is Your Backyard a Wildlife Habitat? Here's How to Get It Certified!

The National Wildlife Federation will certify your backyard, school-yard or community. Thousands of people have the commitment to wildlife conservation and the environment. For a small fee of just \$15.00 you can get your wildlife habitat certified by the National Wildlife Federation. The state of Texas and NWF joined forces in Oct of 2002. Now there is a new level for certification from Texas Parks and Wildlife. It's the "Best of Texas Backyard Habitats."

Application for certification will certify new wildlife habitat gardens as a TPWD Texas Wildscape and a NWF Backyard Wildlife Habitat. Packets from both NWF and TPWD with a personalized color certificate are included, when you get certified. You are given a habitat number from both the NWF and the TPWD, a yard sign you can display for all to see and a Certificate of Merit. You also have an option of having a habitat profile on WF's website.

To apply for certification please contact the National Wildlife Federation online at <http://www.nwf.org/backyardwildlifehabitat/>

Or contact:

National Wildlife Federation
11100 Wildlife Center Dr
Reston, Va. 20190-5362

Ideas for Habitat Certification

There are no size restrictions to get your certification. They certify 100 acre mini-ranches to city balconies.

It doesn't have to look wild and unsightly to qualify as a backyard habitat. Primarily it needs to have vegetation diversity and be wildlife friendly. You want to attract more birds, butterflies, amphibians and other creatures to your yard.

Make a list of all the plants you have in your habitat. The common name is ok.

The NWF will need to know just how you are providing the 4 basics: food, water, cover and nesting areas.

How are you conserving resources such as water.

Make a list of all the wildlife you see in your habitat including insects, fish, frogs, birds and mammals. Be sure to name them all.

Make sketches and/or take photos of your habitat. They will accept up to 5 photos.

How to Attract More Wildlife to Your Habitat:

- Add shrubs to the yard edge.
- Add a bird bath.
- Place native plants near a feeder.
- Have a dripper or small fountain.
- Provide nest boxes.

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Did you know?

Irving's Hospital District is unique because many of the trees are older than the houses. In fact, in some places, they may be older than Irving itself! If you have a Post Oak or a Blackjack Oak, you have a "relic tree." Over-trimming a relic tree is like sawing up a Louis XIV antique desk to make a media center. Post Oaks and Blackjack Oaks cannot be commercially cultivated, because they won't grow in a pot. Typically, Post Oaks abhor urbanization, and die after construction because heavy equipment damages their sensitive surface root system. What makes them great for Texas is that they are perfectly adapted to our rainfall pattern (no rain for months, then weeks of rain), which would be too extreme for many trees. Their surface root system is enormous and spreads out well past the tree's dripline, so they can soak up lots of water when it rains. Then Post Oaks store the water in deep tap roots, to sustain them during dry spells.



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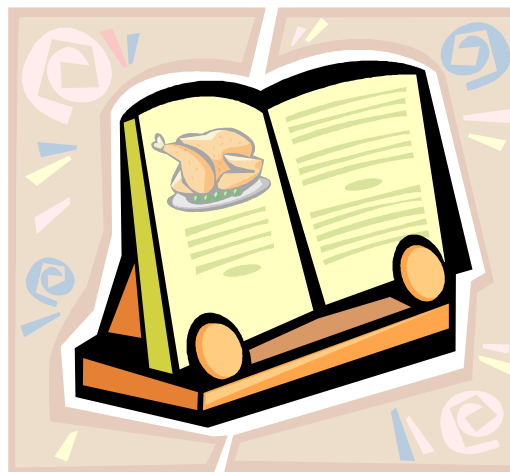
keeping your finances on target

RECIPE of the YEAR (2009)

This recipe was the most downloaded recipe of the year from the Rachael Ray website.

Spinach, Artichoke and Chicken Penne

1 pd penne rigate or whole wheat penne pasta
3/4 pd boneless, skinless chicken breast
1 Bay Leaf
1 Tbs EVVO (Extra Virgin Olive oil)
2 Tbs butter
1 onion, finely chopped
3-4 cloves garlic, finely chopped
Black pepper
2 Tbs flour
1/2 c dry wine (optional)
1 c chicken stock
1 c cream or milk
Dash of nutmeg (fresh)
1 c provolone cheese
1 10oz box frozen spinach
1 14oz can artichoke hearts
Parmigiano-Reggiano cheese



Cook pasta to al dente.

Poach chicken. Place chicken in small pan and add water to top of meat but do not cover completely. Add bay leaf and bring to a boil, reduce heat and gently simmer to cook through 10-12 minutes. Shred meat into small pieces with forks or dice into small pieces. While chicken cooks heat EVVO in large, deep sauté pan over medium heat. Melt butter into oil and add onions and garlic, season with salt and pepper and cook 8-10 minutes, stirring occasionally. Sprinkle flour over cooked onions and garlic and stir 1 minute then whisk in white wine. Add stock and stir 1 minute then stir in cream and season with nutmeg. Thicken sauce a couple of minutes over low heat then stir in spinach and artichokes and heat through, melt Asiago or provolone cheese into sauce and then turn off heat.



Neighbors Who Make This Happen

This publication delivered to your door is made possible by many of your neighbors working together ... we'd like to acknowledge them here:

Stories were contributed by:

Francesca Funk, Jan Bemis, Amy Nelson

Editing by : Jan Bemis

Photos by:

Jerrold Johnsen, Jacob Johnson, Gerald Farris, Bill Herod, Amy Nelson, Damien Marcellas

Page Layout by: Gerald Farris, Amy Nelson

Distribution to XXX front doors by:

Cindy Barrows, Barbara Barry, Howard Bemis, Dianne Cartwright, Anthony Cueington, Jane Dixon, Penny Deupree, Jim Eitelman, Gerald Farris, Randy Faulkner, Marian Guthery, Michelle Hawkins, Bill Herod, Bill Holcomb, Mike Little, Eric Lackey, Roland Medina, Amy Nelson, John Spurgin, Judy Yaeger

NEW NEIGHBORS:

Clint and Sandi Preston

Their new home is the Muncie home on the far east end of Grauwlyer. Stop by and say "Hello"

LOST AND FOUND:

A small baby quilt has been found on Glen Vista. If this is yours or you know who it might belong to please contact YOM@hospitaldistrict.org.

For info on what's happening right now in the neighborhood check www.hospitaldistrict.org frequently. We have current pictures and events.

2010 IHDNA Board of Directors

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2 Eric Lackey

3 Jan Bemis

4 David Ferguson

5 Scott Miles

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8 Don Miller

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